

# PIANO ZEN

Where Reality and  
Dreams Converge

*Journey into a world where piano notes unlock the mysteries of the soul and reveal the interconnectedness of life's physical, emotional, mental, and spiritual realms.*



In the Gate Lodge overlooking the City of Nightingale, the enigmatic Rosa Carreño guides young William Longfellow Emerson through more than just piano lessons. As William's musical journey unfolds, it draws him into the Whispering Woods of the Tall Pines—a realm where melodies bridge the gap between dreams and reality.

Through Rosa's wisdom and a circle of resilient adults who've weathered life's storms, William discovers that true transformation comes from embracing our deepest challenges. The Elemental Masters of Earth, Air, Water, and Fire illuminate his path as he grapples with loss, uncovers hidden strength, and rediscovers the healing power of connection.

*Piano Zen* weaves an enchanting tale of music, self-discovery, and renewal, exploring universal themes of resilience, love, and finding harmony amidst life's complexities. This evocative novel reminds us that even in our darkest moments, the music of healing and hope plays on.



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*Thomas Rheingans*

Thomas Rheingans is a concert pianist, composer, and creator of the Piano Zen method. With over 25 years of experience, he blends Eastern mindfulness practices with Western piano techniques, transforming how people approach music and self-discovery. When not at the piano, Thomas enjoys hiking throughout the Pacific Northwest and meditating. At home, he shares a house filled with music, laughter, and harmony with his wife Amy—who loves experimenting with plant-based recipes—their children Jacqueline and Samuel, and their beloved pets: two dogs, Terra and Nova, and two cats, Ginger and Gemini.

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